

FAQs for Cycling:

Are the cycles provided?

Cycles are provided by the company free of charge

What make of cycles are used?

We usually use TREK / GIANT cycles. When the group numbers become large, we use equivalent steel cycles.

Will I get my choice of sizes?

We provide sizes from 13 to 21.

Can I get my own cycle?

Yes, you can, but do let us know in advance.

What other equipment are provided?

Standard items provided with the cycles are Pedals, Bar ends, water bottles and Helmets. We however recommend you bring your own helmets and camelbaks.

What about transfers?

All transportation is included in the cost. The vehicle can be used to ferry your luggage & yourself as required. This includes all airport transfers.

What kind of terrain can I expect?

The terrain includes plains, hills, backwaters and coastal roads. We will send you a GPS track if required.

Are meals included in the package?

Meals are included at all places except at Cochin.

What do I do if I'm too tired to cycle?

There is a vehicle that accompanies you throughout the trip. You can load the cycle on top and take a ride in it till you are ready to cycle again.

Do we have a guide who cycles with us?

Yes, our guide will cycle with you throughout the trip.

Do we get to shop along the way.

Yes, you will get opportunities en-route to do a bit of shopping. However, unless specifically asked for our guides will not recommend any particular shop. We or our guides do not take commission on shopping which is a common practice.

Do we get to interact with local people?

You will get lot of opportunities to interact with local people and observe their way of life.

Does our visit help the local community in any way?

Yes, Most of the places you would be staying at are manned and operated by the local community and your guides are selected from amongst the locals.

Are entries into national parks, treks, elephant rides etc. included in the package?

No, all entries and activities will be charged extra but at actuals.

Is the water available en-route safe to drink?

We recommend that you drink only bottled water provided by us or if you are buying water, ensure that the bottle is sealed.

How spicy is the food?

Typically Kerala food is spicy. We ensure that the food we provide is medium spicy unless you ask for bland food. Any special food requirements can be met if sufficient advance notice is give.

Do we get an option of vegetarian and non-vegetarian food.

Yes, you do.

What is the type of accommodation?

Accommodation is provided at all places, most of them off the beaten track & in excellent locations. Among our accommodation are Heritage Villas, Eco Lodges & Luxury Tents - all with a common thread of excellence in service. Most are family owned and run with great care and love. Food is a very important part of these journeys and we have ensured that the exotic Keralan Cuisine is a part of this adventure. Our prices are based on 'twin-sharing' basis. For those interested, we provide single rooms, but at additional cost. While staying at the camp we provide all essentials including sleeping bags. A open-air barbeque around camp fire is another highlight of this adventure.

What are the Exclusions

- **Insurance** - Please take your own insurance
- Tips
- Beverages

- Laundry
- Telephone bills
- Expenses of a personal nature

Do we need a VISA ?

Visitors to India must obtain a Visa before departure.

Is there any Airport Departure Tax?

There are no airport or departure taxes applicable if you depart from Kochi.