

FAQs FOR KAYAKING/ WHITE WATER RAFTING

Q. Are the kayaks provided?

A. Kayaks are provided by the company free of charge.

Q. What make of Kayaks do you use?

A. We use inflatables on the rapids and Prijon Capri I & II on flat waters.

Q. Can I get my own kayak?

A. Yes, you can, some enthusiasts get folding kayaks along.

Q. What other equipment are provided?

A. We provide life jackets and helmets where required.

Q. What all equipment do we have to bring along?

A. We recommend that you bring along your kayaking kit, camelbaks, Rehydration salts, Insect repellent and ofcourse your camera.

Q. Are meals included in the package?

A. Meals are included at all places except at Cochin.

Q. What do I do if I'm too tired to paddle?

A. There is a boat that accompanies you throughout the trip. You can load the kayak on top and take a ride in it till you are ready to paddle again.

Q. Do we have a guide who paddle with us?

A. Yes, our guide will paddle with you throughout the trip. Kayaking without a guide is not permitted.

Q. Do we get to stop for sightseeing along the way.

A. Yes, you will get opportunities en-route to do a bit of sightseeing. You could visit schools, villages and markets along the way.

Q. Do we get to interact with local people?

A. You will get lot of opportunities to interact with local people and observe their way of life.

Q. Does our visit help the local community in any way?

A. Yes, Most of the places you would be staying at are manned and operated by the local community and your guides are selected from amongst the locals.

Q. Is the water available en-route safe to drink?

A. We recommend that you drink only bottled water provided by us or if you are buying water, ensure that the bottle is sealed.

Q. How spicy is the food?

A. Typically Kerala food is spicy. We ensure that the food we provide is medium spicy unless you ask for bland food.

Q. Do we get an option of vegetarian and non-vegetarian food.

A. Yes, you do.

Q. Do we need to take anti malaria pills?

A. As of November 2006, Kerala has been declared as a malaria free area by WHO. However, your GP would be the best person to advise you on that.